

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>CELEBRATING EARTH DAY - APRIL 22</b> 	8:30 Centering Prayer (SC) <b>1</b> 10:30 Rosary (C, TV-1975)	9:30 Women's Faith Sharing (MR) <b>2</b> 2:00 OneDayU: The Science of Sleep & Stress (TV-1977) (SP)	10:00 Interfaith Meditation (SC) <b>3</b> 11:00 Liturgy of the Word (C, TV-1975) 1:30 Class: Writers for Life (®\$) (SNJMCon)	3:00 LIVE Speaker: Roy Hemmingway on Preserving Oregon's Rail History (A, TV-1976) <b>4</b>	11:00 Liturgy of the Word (C, TV-1975) <b>5</b> 3:00 Portal 101 (®) (A)	1:00 LIVE! Musicality Presents: Zach Dunham (CH, TV-1978) <b>6</b>
10:00 Scripture Sharing (SF) <b>7</b> 11:00 Mass (C, TV-1975) 12:45 Oregon Symphony Classical B: Mozart's Requiem (®\$) 4:00 Ecumenical Service (C, TV-1975)	8:30 Centering Prayer (SC) <b>8</b> 10:30 Rosary (C, TV-1975) 4:00 Wine Social (DL)(SL)	9:30 Women's Faith Sharing (MR) <b>9</b> 11:00 Mass (C, TV-1975) 1:00 Treasure Trove (CF) 1:00 Class: Ceramics (®\$) (AS)	10:00 Interfaith Meditation (SC) <b>10</b> 10:30 Watercolor Workshop: "Balancing Act" (®\$) (CAS) 11:00 Liturgy of the Word (C, TV-1975) 2:00 Open Door with Ralf (PHCon)	11:00 Mass (C, TV-1975) <b>11</b> 1:00 Tour: Oregon Rail Heritage Center (®\$) 2:00 CSG-Mvmt. Disorders (SC) 3:30 Classical Music Club (A, TV-1976)	10:00 Easterseals Bloomfest (PHCir) <b>12</b> 11:00 Liturgy of the Word (C, TV-1975) 12:30 Easterseals Bloomfest (VP)	10:00 Volunteer Event: Litter Pickup at George Rogers Park <b>13</b> 12:00 Easterseals Bloomfest (VP) 1:00 LIVE! Musicality Presents: Trillium Baroque Orchestra (C, TV-1975)
10:00 Scripture Sharing (SF) <b>14</b> 11:00 Mass (C, TV-1975) 4:00 Ecumenical Service (C, TV-1975)	8:30 Centering Prayer (SC) <b>15</b> 2:30 Italian Cooking Class with Antimo Cimino (®\$) (CAS)	9:30 Women's Faith Sharing (MR) <b>16</b> 1:30 Ice Cream Social (3SC) 3:00 Comedy Hour ft. MW Players (A, TV-1976)	10:00 Interfaith Meditation (SC) <b>17</b> 2:00 MW Sister Building Social - New Partnership Kickoff! (Dunn Cascadia Hall & Dagostino's Lounge)	9:30 All Residents' Meeting (A, TV-1976) <b>18</b> 12:00 Talk with the Doc: Allergies (N) 2:00 CSG-Memory Loss (SC)	3:00 MW Diversity Book Discussion (A, TV-1976) <b>19</b>	2:00 Earth Day: Aztec Dancers (VP) <b>20</b>
10:00 Scripture Sharing (SF) <b>21</b> 12:45 Oregon Symphony Classical A: Violinist Simone Lamsma (®\$)	8:30 Centering Prayer (SC) <b>22</b> 11:00 Earth Day Food Truck: Fuego Burritos & Bowls (VP) 3:00 LIVE Speaker: Life & Society of Honeybees (A, TV-1976)	9:30 Women's Faith Sharing (MR) <b>23</b> 1:00 Treasure Trove (CF) 3:00 Seder (A, TV-1976)	10:00 Interfaith Meditation (SC) <b>24</b> 1:00 WITW: Vision Impairment with OHSU Casey Eye Institute (N) 2:00 Open Door with Ralf (DL)	2:00 SG-Mvmt. Disorders (SC) <b>25</b> 6:00 TOUR: LO Reads Author Talk with Thrity Umrigar (®)	11:00 Liturgy of the Word (C, TV-1975) <b>26</b>	10:30 Workshop: Kokedama (®\$) (CAS) <b>27</b> 1:00 Delibes's Coppélia (2023) (TV-1977) (SP) 7:00 Saturday Night Movie: Jules (2023) (A, TV-1976)
10:00 Scripture Sharing (SF) <b>28</b> 11:00 Mass (C, TV-1975) 4:00 Ecumenical Service (C, TV-1975)	8:30 Centering Prayer (SC) <b>29</b> 10:30 Rosary (C, TV-1975)	9:30 Women's Faith Sharing (MR) <b>30</b> 11:00 Mass (C, TV-1975) 1:00 SNJM Art Exhibit (PH 3rd Floor Hallway) 3:00 TED Talk Tuesday & Discussion: Climate Change (A, TV-1976)	MARY'S WOODS <b>APRIL 2024</b>			

KEY | PROVINCIAL HOUSE NEIGHBORHOOD (PH) & VILLAGE NEIGHBORHOOD (V) ... ABBREVIATIONS & INFORMATION

- |                               |                                |  |
|-------------------------------|--------------------------------|--|
| (A) Auditorium • PH           | (G) Gallagher • V              | (PHCon) 2 <sup>nd</sup> Floor Conference Rm • PH |
| (AK) Adriatic Kitchen • PH    | (K) Kellogg Building           | (Putt) Putting Green • PH                        |
| (AS) Art Studio • PH          | (MH) Mt. Hood Dining Room • PH | (SC) Spiritual Care Room • PH                    |
| (C) Chapel • PH               | (MR) Meadowlark Room • PH      | (SL) Social Lounge Cafe • PH                     |
| (CF) Chapel Foyer • PH        | (N) Nathman • V                | (SF) SNJM Foyer • PH                             |
| (CAS) Creative Art Studio • V | (NG) Nathman Green • V         | (SP) Sandpiper Patio • PH                        |
| (CH) Cascadia Hall • V        | (OT) O'Neill Theater • V       | (SR) Sandpiper Room • PH                         |
| (CHbc) Cascadia Hall BC • V   | (PG) Peace Garden • PH         | (SNJMCon) SNJM Conference Room • PH              |
| (DL) Dagostino's Lounge • V   | (PHCir) PH Circle • PH         | (SNJM 3Comm) SNJM Community Room                 |

KEY | SECURE CAMPUS WI FI OPTIONS

Visit the online resident portal for more information and to register for programming. The Concierge can also assist with registration.

- |               |             |
|---------------|-------------|
| Network Name: | MWResident  |
| Password:     | 1community  |
| Network Name: | MWGuest     |
| Password:     | holynames01 |

KEY | IN-HOUSE TV CHANNELS

All programs taking place in the PH Auditorium, Chapel of the Holy Names and Dunn Cascadia Hall can be viewed on the in-house TV channels.



- Auditorium: 1972 & 1976 (HD)
- Info & Streaming: 1973 & 1977 (HD)
- Cascadia Hall: 1974 & 1978 (HD)
- Chapel of the Holy Names: 1971 & 1975 (HD)

## TUESDAY, APRIL 2

**OneDayU: The Science of Sleep & Stress**  
**2:00pm | Streaming on 1977 & 1973, and in Sandpiper Room**  
 Many regions of the brain are more active during sleep than when you're awake. Notre Dame Professor Jessica Payne's research has focused on what types of information are submitted to memory and has been instrumental in better understanding how the brain stores information.

## THURSDAY, APRIL 4

**LIVE Speaker: Roy Hemmingway - Preserving Oregon's Rail History**  
**3:00pm | Provincial House Auditorium**  
 Oregon's rich history of railroading began with portage railroads on the Columbia River, expanded into connections with the rest of the nation and involved rails into the woods to bring out the timber in the early days of the lumber industry. The Oregon Rail Heritage Center preserves much of that history for rail fans and those interested in a key element of Oregon's history.

## SATURDAY, APRIL 6

**LIVE! Musicality Presents: Zach Dunham**  
**1:00pm | Dunn Cascadia Hall**  
 Zach is a keyboard player and vocalist - his performances are a testament to his deep connection to the music of the past, as he effortlessly transports audiences back in time with his soul-stirring renditions of iconic hits. Zach's repertoire captivates listeners with every note, from the stirring ballads of Elton John to the infectious grooves of Stevie Wonder.

## THURSDAY, APRIL 11

**Classical Music Club**  
**3:30pm | Provincial House Auditorium**  
 April's program will feature music by Rossini and Benjamin Britten's Young Persons Guide to the Orchestra (not just for young persons!).

# EASTERSEALS BLOOMFEST

BRIGHTEN YOUR HOME WITH SPRING COLOR!

\$10 FOR 10 TULIPS  
(CASH, CHECK OR CREDIT ACCEPTED)

FRIDAY, APRIL 12  
10-11:30AM · PH CIRCLE  
12:30-2:00PM · VERONICA PLAZA

SATURDAY, APRIL 13  
12:00-2:00PM · VERONICA PLAZA



## SATURDAY, APRIL 13

**LIVE! Musicality Presents: Trillium Baroque Orchestra**  
**1:00pm | Chapel of the Holy Names**  
 Trillium Baroque Orchestra is a community-based organization founded in 2019 featuring baroque concertos and other orchestral works played on period instruments. Inspired by Nancy Downie (Durocher), also a performer.

## TUESDAY, APRIL 16

**Comedy Hour ft. the MW Players**  
**3:00pm | Provincial House Auditorium**  
 The MW Players perform "The Dr. Jill Show," followed by a showing of Buster Keaton's 1920s silent film "One Week," where a newly wedded couple ...

attempts to build a house with a prefabricated kit, unaware that a rival sabotaged the kit's component numbering.

## WEDNESDAY, APRIL 17

**MW Sister Building Social - New Partnership Kickoff**  
**2:00-3:00pm | Dunn Cascadia Hall & Dagostino's Lounge**  
 Meet the residents from your new Sister Building pairings... Just in time to get ready for our Kentucky Derby *Race for the Roses* and the Summer Olympic Games! Complimentary refreshments and cookies provided.

**Durocher + O'Neill — Cascadia A**  
**PH, Villas & Villa Estates + Collin — Cascadia B**  
**Dufresne + Pepin — Cascadia C**  
**Cere + Rainault — Dagostino's Lounge**

## THURSDAY, APRIL 18

**Talk with the Doc: Allergies**  
**12:00pm | Nathman**  
 Dr. Thomas Raines-Morris will be hosting a timely discussion on allergies.

## FRIDAY, APRIL 19

**MW Diversity Book Discussion: Honor**  
**3:00pm | Provincial House Auditorium**  
 If you registered and received a complimentary copy of *Honor* by Thrity Umrigar, please join a book discussion hosted by the LO Library. Please ensure you have read the book prior to the event. Brought to you by the MW Diversity Committee.

## SATURDAY, APRIL 20

**Earth Day: Aztec Dancers**  
**2:00pm | Veronica Plaza**  
 In honor of Earth Day let us celebrate our beautiful Earth! To help us bless our land the Aztec Dancers from MexicaTiahui (meaning Flower & Song) will come to MW and perform in their beautiful and elaborate traditional Aztec attire.

## MONDAY, APRIL 22

**Earth Day Food Truck: Fuego Burritos & Bowls**  
**11:00am - 2:00pm | Veronica Plaza**  
 Fuego Burritos and Bowls joins us for this Special Earth Day opportunity to have meal and be mindful of its impact on our planet. They will offer vegetarian and vegan burritos/bowls. For an extra protein boost you can choose to add Tempeh (soy-based protein), or chicken (a lower-carbon-intensive animal protein source than beef and pork). Additionally, Fuego uses entirely compostable or recyclable meal packaging. Please bring cash or credit for your purchase.

**LIVE Speaker: The Life & Society of Honeybees**  
**3:00pm | Provincial House Auditorium**

In honor of Earth Day join Susie Wilcox of the Portland Urban Beekeepers for a talk about the life and society of honeybees. Do queens rule the hive? Where do honeybees live in the wild? What happens to them in the winter? What can I do to help honeybees thrive?

## WEDNESDAY, APRIL 24

**WITW: Vision Impairment with OHSU Casey Eye Institute**  
**1:00pm | Nathman**  
 Join us as we host OHSU Casey Eye Institute experts who will present on Vision Impairment, Macular Degeneration, and Vision Rehabilitation.

## SATURDAY, APRIL 27

**Delibes's Coppélia (2023)**  
**1:00pm | Streaming on 1977 & 1973, and in Sandpiper Room**  
 April 27th is National Dance Day! To celebrate, catch this exclusive 2023 production of Delibes's Coppélia, featuring brand-new choreography by the great Alexei Ratmansky and performed at Milan's legendary La Scala. Can Swanhilda save her beloved Franz from the spell of the beautiful, eerily lifelike doll Coppélia, created by the sinister Dr. Coppélius?

## TUESDAY, APRIL 30

**Earth Day TED Talk Tuesday & Discussion: Climate Change**  
**3:00pm | Provincial House Auditorium**  
 In a forward-thinking talk, Chad Frischmann shares solutions to climate change that exist today and how we can create a world where regeneration is the rule. Then, Katharine Hayhoe shows how the key to having a real discussion is to connect over shared values like family, community, and religion - and to show people that they probably already care about a changing climate. Hosted by Leigh Merriman & the Green Team.

### REGISTRATION REQUIRED OFFERINGS ®

**Register for these offerings on the Portal under "Community Calendar" or through either Concierge.**

#### Class: Writers for Life

**Starts Wednesday, 4/3 | 1:30-2:30pm | SNJM Conference Room**  
 Do you enjoy getting your message in writing? If so, join this weekday afternoon group and benefit from individual positive feedback about travel writing, memoir, poetry, letters, and more.  
*Registration required. Registration/Cancellation deadline: Noon, 3/29. Cost: \$40*

#### Portal 101 - Understanding Your Online Resident Portal

**Friday, 4/5 | 3:00-4:00pm | Provincial House Auditorium**  
 An introductory course on Portal basics. Ask questions and practice your skills in person. Bring your Portal-enabled device to follow along. Registration is required, please register on the Portal under Community Calendar or with the Concierge.

#### Class: Ceramics

#### Starts Tuesday, 4/9 | 1:00-4:00pm | PH Art Studio

This class is a hands-on experience working with clay. We will explore hand-building techniques and glazing, work on functional pottery and sculpture, look at historical and contemporary approaches toward ceramics. We will stress personal expression, technique, and craftsmanship. All Levels welcome. Each student will be assessed individually.  
*Registration required, minimum six (6) residents. Registration/Cancellation deadline: Noon, 4/5. Cost: \$300, all supplies included.*

#### Watercolor Workshop: "Balancing Act"

**Wednesday, 4/10 | 10:30am-12:30pm | Collin Creative Art Studio**  
 Sharon Withers's teaching method is based on a step-by-step process so you feel comfortable and successful, no matter your experience level. In this painting, you will use Prima Tek watercolor paints by Daniel Smith. These paints are made with ground minerals that have a shimmering effect. Artists have called them magical. You will then finish off with Pigma and Posca pens with a process called mark-making.  
*Registration required, minimum five (5) residents. Registration deadline: Noon, 4/5. Cost: \$35, all supplies included.*

#### TOUR: Oregon Rail Heritage Center

#### Thursday, 4/11 | Depart PH: 1:00pm, Dunn: 1:15pm

**Please arrive 10 minutes prior to your departure time.**  
 The Oregon Rail Heritage Center (ORHC) is a railway museum in Portland. In addition to other rolling stock and artifacts, the museum houses three steam locomotives: Southern Pacific 4449, Spokane, Portland & Seattle 700, and Oregon Railroad & Navigation Co. 197. Join our speaker from 4/4, Roy Hemmingway, as he hosts this tour for you.  
*Registration required, minimum eight (8) residents. Registration/Cancellation deadline: Noon, 4/8. Cost: \$22, includes transportation and admission fee.*

#### Italian Cooking Class with Antimo Cimino

**Monday, 4/15 | 2:30-4:30pm | Collin Creative Art Studio**  
 Antimo Cimino is a chef from Puglia, Southern Italy. He will share this Italian cultural event with us including instruction on cooking risotto, and a tasting

of his family's freshly pressed olive oil straight from their farm in Italy. Wine will be provided. *Registration required, minimum sixteen (16) residents. Registration/Cancellation deadline: Noon, 4/8. Cost: \$45, all inclusive.*

#### Spiritual Care Offering: Seder

**Tuesday, 4/23 | 3:00-4:00pm | Provincial House Auditorium**  
 Join Rabbi Sarah Rensin for a Seder experience in the Auditorium. Matzah Ball soup will be provided. *Registration required. Registration/Cancellation deadline: Noon, 4/18.*

**TOUR: LO Reads Author Talk with Thrity Umrigar**  
**Thursday, 4/25 | Depart PH: 6:00pm, Dunn: 6:15pm**  
**Please arrive 10 minutes prior to your departure time.**

Enjoy this complimentary and engaging evening with LO Reads 2024 featured author, Thrity Umrigar where she will discuss her book *Honor* and answer questions from the LO community. In this tender and evocative novel about love, hope, familial devotion, betrayal, and sacrifice, Umrigar shows us two courageous women trying to navigate how to be true to their homelands and themselves at the same time. *Registration required, minimum eight (8) residents. Registration/Cancellation deadline: Noon, 4/19. Cost: Free!*

#### Workshop: Kokedama

#### Friday, 4/27 | 10:30am | Collin Creative Art Studio

Alongside horticultural therapist, Melissa Bierman, create three Kokedama indoor plants with a fresh organic feeling and impressive style. Kokedama originated with the Nearai bonsai method, an art form centuries old. It refers to plants grown so compact and tightly that, when removed from a container, they hold well-grown roots and soil, forming a compact ball. Please wear clothes you do not mind getting a little dirty. *Registration required, minimum five (5) residents. Registration deadline: Noon, 4/19. Cost: \$35, all supplies included.*



#### Volunteer Event: Litter Pickup at George Rogers Park

**Saturday, 4/13 | Depart PH: 10:00am, Dunn: 10:15am**  
**Please arrive 10 minutes prior to your departure time.**  
 In honor of Earth Day, volunteer and join Villa resident David Wright, leader of the No Litter Crew, as well as members of the Green Team, in a litter pickup event at our local George Rogers Park in coordination with LO Parks & Rec. Participants must be able to navigate walking outdoors on uneven surfaces and bending over. *Transportation provided at no cost. Return approximately 12:15pm.*