

Twelve Sisters of the Holy Names of Jesus and Mary stepped off a steamer ship in Portland, Oregon, on October 21, 1859. At the request of the Portland Archbishop Blanchet the Sisters left their native Montreal, Canada, to establish schools in the Northwest territory.

What an adventure! I could just imagine these young but determined women leaving Canada to board a ship in New York and setting sail for the Oregon territory! History has it that they carried with them a piano and few other possessions. I am sure as they arrived they wondered what risks lay ahead. Yet it was their faith, their sense of mission and their dedication to provide education that animated their prayer and work.

Shortly after their arrival, they founded St. Mary's Academy for



I know I love my new home, and my new neighbors. I also feel good knowing full-time health care is here if I need it. For 150 years the Sisters of the Holy Names of Jesus and Mary have responded to people's needs. Now with Mary's Woods, they not only share their

land, they share their commitment to the full development of each person.

I feel blessed living here; I feel free to keep growing.

I feel celebrated!



MARY'S
AT MARYLHURST
WOODS

Celebrating Age! Celebrating Life!

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I understand why the Sisters hold this land as sacred. A reverence and respect for life, set in motion nearly 150 years ago, continues to promote a spirit of vitality.

I so appreciate their concern to preserve and protect the beautiful trees and wildlife even when it meant adjusting building plans for Mary's Woods. The earth here has been cared for by loving hands.

Maybe that is why life seems to bloom here.

Bloom it does. I'm busier than ever but doing the things I love. With housekeeping, home repair, and yard work no longer a chore, I have more time and am able to keep commitments to volunteer, or add more responsibilities if I choose.

Taking a day trip up the Columbia River Gorge or playing

a round of golf are things I enjoy. I am currently planning a vacation with friends, confident that Mary's Woods' security will keep my home safe and secure while I'm away.

Gardening is a favorite pastime of mine and the grounds are excellent for bike riding. Sometimes I like to just take

it easy and dive into a good book curled up in my favorite chair. My beautiful home is



comfortable and spacious. I like the design, especially the view from the French balcony. Having a well-equipped kitchen has even prompted me to experiment with gourmet recipes... something I haven't done for years! Everything about my place is fresh and new; yet, I am at home.

Life is truly a celebration at Mary's Woods.

Good neighbors and friends are everywhere, and there is a camaraderie... a sense of community that is supportive and also challenging.

The Provincial House, which is the heart and soul of this new neighborhood, was part of the original building nearly 100 years ago. It has been excellently refurbished and now buzzes with activity. I'm so glad they chose to preserve as much of the original beauty as possible: the lovely chapel, the ornate woodwork, the tile roofing, and more.

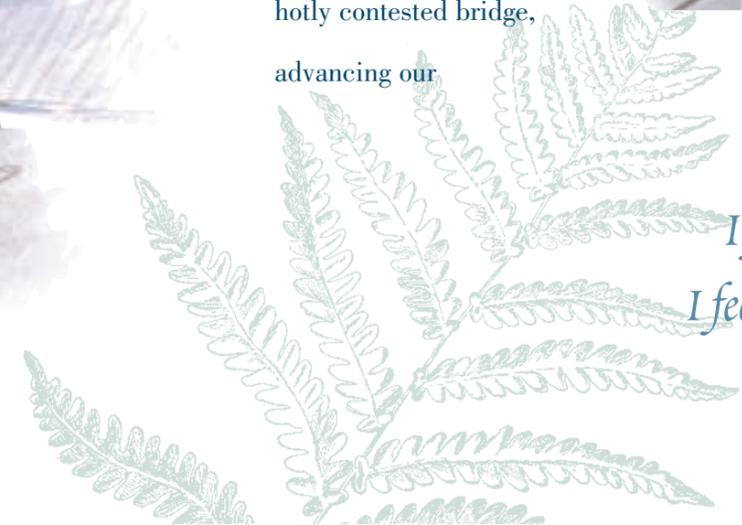
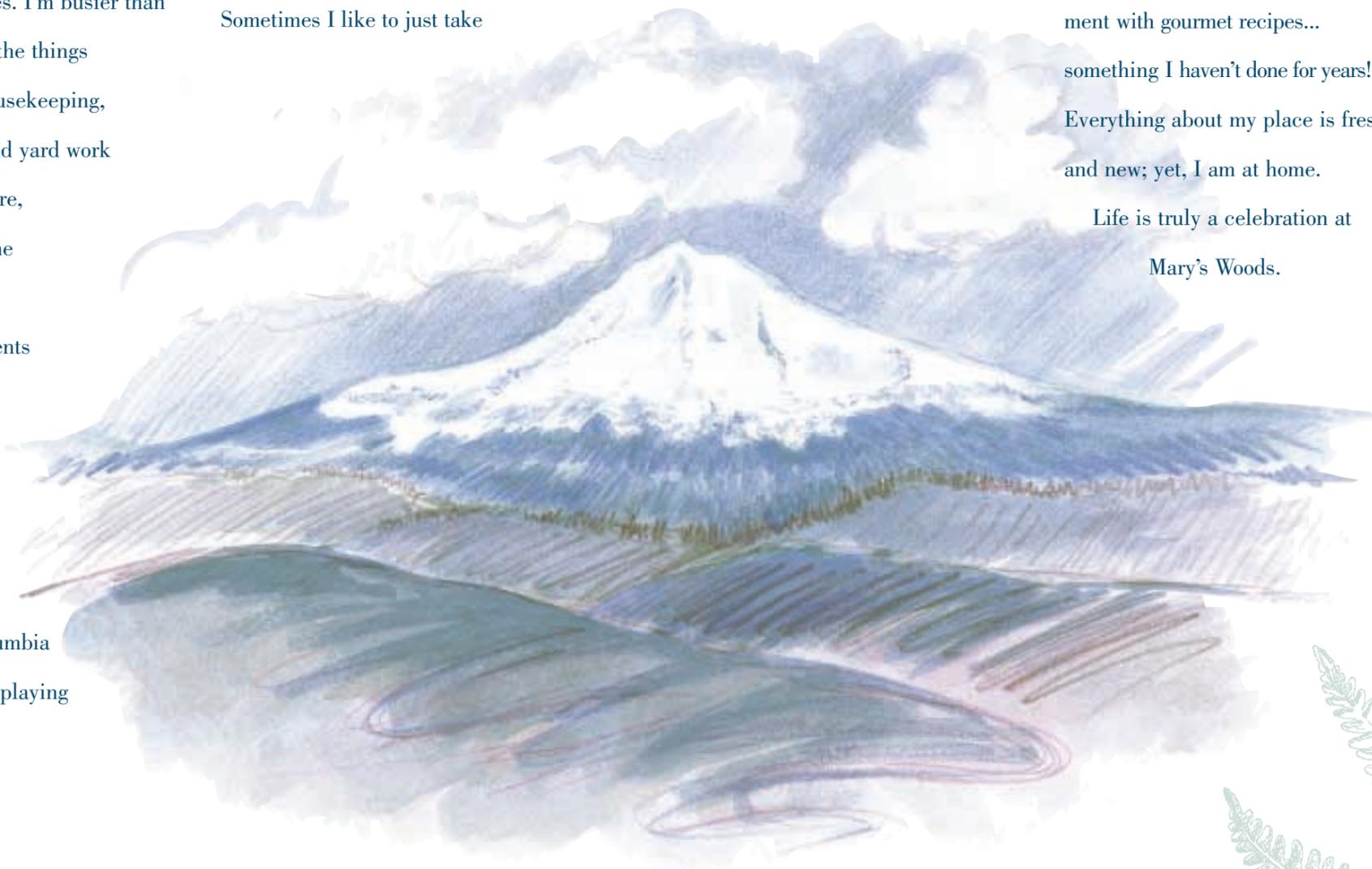
My friends and I enjoy concerts and theatrical productions, playing some hotly contested bridge, advancing our

computer skills, and participating in some friendly but serious billiards. We have a gift shop, a banking center, and a beauty salon. It is like

having a small town right at my fingertips!



*I feel blessed living here.
I feel free to keep growing.*



With Marylhurst University next door, there are on-going choices for continuing education and cultural events.

One feature I most enjoy and appreciate in this lovely community is the restaurant-style

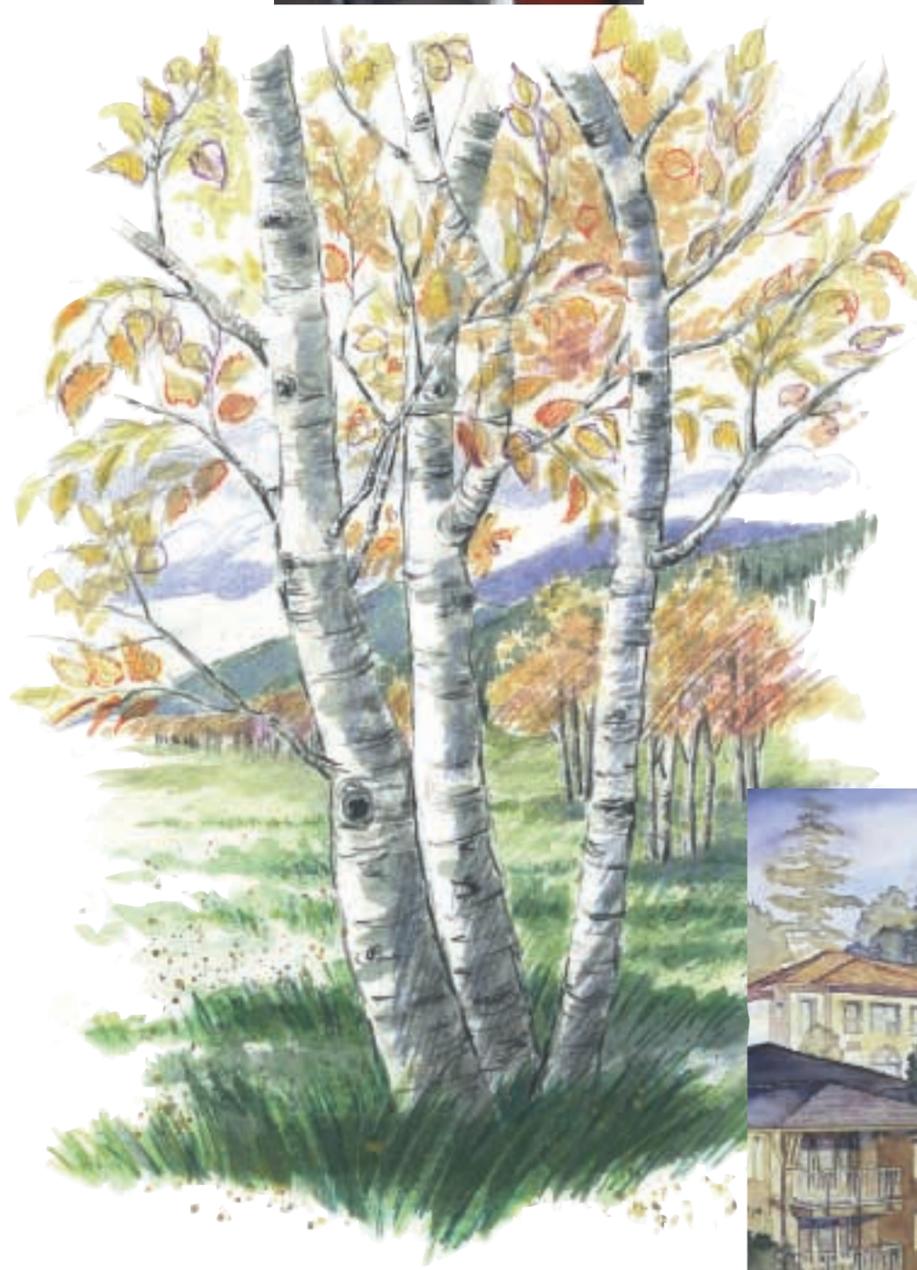


dining. Dinner is served in the elegant Mt. Hood Dining Room with huge windows that overlook the courtyard facing the Willamette River. The Bistro Cafe offers casual, informal lunch and dining options.

It is also good to know that should I ever require it, long-term nursing care is provided in a modern, first-rate Health Care Center. Living in a continuing care community means I am not concerned about the future because I have made provisions that include assisted living, dementia special care, and long term care should I need it.

Coming to Mary's Woods, walking along the Willamette River, having more time to pursue all the things that matter to me... it is an opportunity to celebrate life, to join in a new adventure.

They say people live longer, healthier, happier lives when they live in a community like this.



have opened their beautiful home to people like me — people who want an energetic, inviting retirement community.

When I go for my brisk morning walk by the Willamette River, just a few steps from the door of my Mary's Woods

home, I think about those who walked here before me.

They, too, must have marveled at the beauty of the site with giant fir and sequoia trees now almost a century old. They must have had their favorite spots for quiet reflection just as I do: a shady path in the orchard, the cool green grass by The Provincial House, or a scenic stretch along the River.

young women. The Sisters went on to open schools throughout Oregon, to care for orphans and to found the first liberal arts college for women in the Northwest, now known as Marylhurst University.

Today, over 140 years later,

their impact on this land is stronger than ever as they respond to the current needs of others. They are still educating, serving others and caring for this breathtaking part of the Willamette River Valley. With the creation of Mary's Woods at Marylhurst, they



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